



Healing Scents

Holistic Clinic & Training Centre

DIPLOMA COURSE DETAILS: 2008 - 2009

These courses are ideal for people who are still working or have other commitments and cannot take full-time schooling.

COURSE DATES: See our website: www.vancouverislandaromatherapy.com

NOTE: *Course prices, dates & times subject to change.*

AROMATHERAPY DIPLOMA & ESSENTIAL OIL THERAPIST (EOT™) **Distance Learning (Correspondence Course)** Includes Modules. 1, 2

Module 1: Part A. Aromatherapy Theory

- Introduction, welcome to the world of aromatherapy
- What are Essential Oils?
- Quality of Essential Oils
- Methods of Extraction
- How Essential Oils enter and exit the body
- Carrier Oils, Creams, Lotions and Gels
- Chemistry
- Essential Oil safety
- Therapeutic Index / Cross referencing of oils
- Consultation and Client records
- Client Consultation verbal
- Blending of essential oils
- Application of Essential Oils and their uses
- Stress
- Business
- Pregnancy, (massaging of pregnant women) Labour,
- Children & Elderly (massage and care of)
- Cancer
- HIV and AIDS

Part B. Essential Oil Profiles

- 77 Essential Oil profiles, including Botanical classification,

Module 2: Anatomy & Physiology

- Introduction to medical terminology
- Cells, Tissues, Glands and Membranes
- Skeletal System

- Muscular system
- Integumentary System
- Cardiovascular System
- Lymphatic System
- Body Defences, immunity & vaccines
- Nervous System
- Endocrine System
- Digestive system
- Respiratory System
- Urinary System
- Male and Female Reproduction
- Sensory System

AROMATHERAPY MASSAGE COURSE

- Linen, Laundry
- Contraindication of Massage
- Precautionary areas in massage
- Body Awareness & Visualization
- Exercise to strengthen hands
- Exercises for Breathing & Posture
- Creating a Healing Channel
- Towel Draping
- Basic massage, which includes Swedish, acupressure, shiatsu, European Lymphatic Drainage techniques
- Technique and sequence of Aromatherapy Massage
- Additional Massage techniques
- Client Physical Body Check
- Reference charts – Basic Shiatsu Points
- Meridians
- Reflexology charts
- Book List